

Price Change For Daytime Classes

For the last five years some of the daytime classes have been supported by the PCT (Primary Care Trust). This has mostly been as falls prevention exercise. Unfortunately due to the impending ending of the PCTs the project will no longer be supported. The classes were supplemented for the hall costs and my reimbursement.

I am hoping that all five classes will continue and only Parish Warf will need to change venue in the short term.

It will mean that the subsidised rates will no longer apply. **From the beginning of July ALL daytime over 50's classes will run with the same pricing structure.**

Classes cost £5 per session

Classes Cost £4 if paid monthly in advance. (whether you attend or not)

Some classes are more full than others and some venues are more expensive than others. Effectively some classes subsidise others. Ideally a class regularly has 15 people attending. **All daytime classes will cost the same from July 1st.**

This is the first class price increase for daytime classes in several years and I hope it is sufficient to avoid any further increase in the near future. As you are all aware petrol prices have increased dramatically as have hall costs due to increased energy costs.

I would like to take this opportunity to thank Liz Lansley who has offered so much support and guidance over the last few years. Without her input many of the classes would not exist. There would not have been enough classes to allow me to leave full time work and dedicate myself to teaching. Liz will visit a class before the end of June to say farewell. It would be wonderful if everyone could attend to say thank you. Without her your class may not have existed at all.

This marks the end of an era for me. I was first asked to teach for the NHS in Merton, Sutton and Wandsworth back in 2000 by Piers Simey. Without this start I would not have began to specialise in teaching over 50's. The report and evaluation for that project is available via the website and makes for interesting reading. Since then I have worked for another four PCTs.

Diary Dates		
June 22	Wed	No Classes
June 30	Thu	11-1 NS Housing taster session Weston S-M cricket club, BS23 4NY
July 25	Mon	No Class Clevedon community Centre
July 29	Fri	No Classes
August 15- 29	2 weeks	No classes
Sept 9-11	Fri-Sun	Weekend workshop. No afternoon classes on the friday.

Master Lam In The UK

Master Lam will be in Europe from 14 June until 8 August

He is available for weekday public classes, private tuition and healing. You will need to book via the Lam Association website. Weekends he is teaching in Europe and later in London. For details of his workshops please see the website Lamassociation.org or talk to Tony. If you have the opportunity to see him now please do so as his visits will probably become scarcer.

He will not return to the UK until November and then again in the spring of 2012

Senior Lam Association Student Visit

We were visited this month by Paul from Kent. He thoroughly enjoyed the classes and commented positively on the quality of the energy we generate. He was also impressed by the quality of the people attending. I hope you all enjoyed his input.